

NEW Work-Life Benefits



Planning and Paying for College

Personalized guidance, online resources, and seminars to help navigate the complex college admissions process; plan and pay for your child's college education; and develop a repayment strategy for your child's or your own student loans.

Care for Family, Pet, and Home

Free access to the expansive Care.com website. Search on your own to find child care, after-school care, tutors, adult care, home and convenience services, dog walkers, and more.



Senior Care Planning

Experienced Senior Care Advisors provide in-depth consultations, share tips and resources, facilitate family meetings, and generate customized action plans to address your unique caregiving needs.

Comprehensive Special Needs Resource

For parents of children who are struggling with developmental, emotional, or learning challenges—from birth through young adulthood, expert online tools, and seminars/webinars offer a roadmap to support success in school.



Fall 2015 Seminar Series



The MIT Work-Life Center's popular Seminar Series provides research-based strategies, tips, and information to help you deal with a diverse array of work-life issues.

With more than 25 seminars, workshops, support groups to choose from this fall, you're likely to find the issues that matter most to you.